

TEAM APPROACH EQUINE THERAPY

INFORMATION SHEET

WHAT IS TEAM APPROACH EQUINE THERAPY?

Equine Therapy can mean many things, but broadly, it's either physical or behavioural therapy in the presence of a horse.

And we do it a little differently.

Each session is conducted by two people, one is a mentor and one is a therapist. They work together to help you.

WHY TWO PEOPLE?

Firstly, there's a very real benefit in having a mentor to help you run your sessions and assist you in moving forward, at your side.

This means the therapist can concentrate on your therapy.

The second benefit is safety - we believe clients should always have two people on hand when working with horses.



For privacy reasons, this picture does not contain an actual client. This is Astro and his friend Lenny

DOES IT COST MORE?

Our charge is one hour of the NDIS therapy rate for a one-hour session.

For some clients, a quarter hour preparation is also necessary. That's it. This covers both of your team members, plus the horse!

DO I GET TO RIDE?

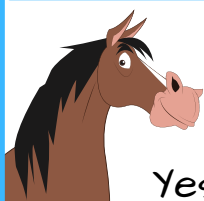
No, our insurance company won't let you! Sorry. But we can arrange riding at another site if you are keen.



WHERE DOES THE MAGIC HAPPEN?

We are in Chandlers Hill, South Australia. Generally, we can pick up clients anywhere within a thirty minute radius.

CAN MY SUPPORTS OR CARER COME TOO?



Yes, whatever supports you need can come along. They will have to agree to behave safely.



Heartfelt SUPPORT

